



April 29, 2018

LEARN TO SKATE
and
SPECIAL OLYMPIANS

Registration Due via Entryeze no later than March 18, 2017

Entry Page: skatedallas.org

Payment via a secured credit card transaction

Hosted by
The Dallas Figure Skating Club

The Dr Pepper StarCenter - Plano
4020 West Plano Parkway
Plano, TX 75093

This is a 2018 Dallas Tri-Swizzle Series Event

LEARN TO SKATE skaters accumulate points from their placement and group size

Skater must compete in all three competitions to be eligible

Qualifying Events: 2017 Bunny Hop Open, 2018 Skate Dallas and 2018 June Bug Open
Available BASIC PROGRAM EVENTS in SNOWPLOW SAM – LEARN TO SKATE 6 and

FREE SKATE EVENTS in FREE SKATE 1-6.

Champions Announced July 1, 2018

Sanctioned by:



Entry Deadline March 18, 2018

2018 SKATE DALLAS APRIL 29, 2018

**Hosted by
The Dallas Figure Skating Club**

EVENTS INCLUDE: BASIC ELEMENTS, COMPULSORY ELEMENTS, BASIC PROGRAM, FREESKATE, SHOWCASE, Basic Skills SYNCHRONIZED SKATING, SPECIAL OLYMPIANS

The 2018 Skate Dallas LEARN TO SKATE competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

To be eligible, skaters must be members of either the LEARN TO SKATE Program and / or full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host LEARN TO SKATE Program / Club or any other LEARN TO SKATE Program / Club.

Eligibility will be based on Skill level as of the entry deadline. All SNOWFLOW SAM and LEARN TO SKATE skaters through LEARN TO SKATE 6, must skate at highest level passed, and **NO** official U.S. Figure Skating tests may have been passed including Moves in the Field, or individual dances.

For the Pre-FREESKATE thru FREESKATE 6, eligibility will be based only upon highest LEARN TO SKATE Free Skate test level passed (Moves in the Field test will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the competition.

The Special Olympics portion of this competition will be conducted in accordance with the Official U.S. Figure Skating Rule Book, the Special Olympics Winter Sports Rules, and the rules given in the announcement. The Special Olympian Competition is open to skaters 8 years or older who are receiving group or private instruction. Skaters must be registered as Special Olympians through the Special Olympics office.

ENTRIES: The entry fees: first event is \$70, each additional "elements" and "showcase" event is \$30, and Basic Skills Synchronized teams is \$110, plus \$15 per skater. All jumps and spins events will be \$45 each. Only online entries with secure credit card payment through EntryEeze will be taken. See event site at www.skatedallas.org for more information. Electronic entries must be paid with a successful credit card transaction to be considered valid and **completed by midnight, March 18, 2018**. Late entries will be accepted at the discretion of the competition committee, and only if accompanied by a \$35 late fee.

Entry Deadline March 18, 2018

REFUND POLICY: Entry fees will not be refunded after the deadline date, unless no competition exists or the event is canceled. **There will be no refunds for medical withdrawals.** The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$35 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available online at the event site found at www.skatedallas.org.

There will be a \$35 change fee for each change of event or level after the entry deadline date. Full refunds, **minus the online processing fee**, are available if withdrawal is prior to the entry deadline.

FACILITIES: Dr Pepper StarCenter – Plano is located in Plano, Texas, at 4020 West Plano Parkway, Plano, TX 75093. Both ice surfaces are 200' x 85' with rounded corners.

MUSIC:

Online music submission is the ONLY acceptable method to submit program music. After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the "Competition" tab and then selecting "My Music." Please be sure you are uploading the correct music for the correct event segment. Be careful, for example, not to mix up your short program and your free skate! **All music must be uploaded by the deadline. Please confirm the exact date on EntryEeze.**

The uploaded program music MUST conform to the following specifications:

- Programs per file: One (1) - Only one piece of competition program music (e.g. short program, free skate, short dance, free dance, etc.) per file is allowed.
- File Format: mp3 - The uploaded file music must be an mp3 file (MPEG-1 or MPEG-2 Audio Layer III). Simply changing the file extension to "mp3" from another file format is not acceptable.
- Bit Rate: 192 kbps is requested (bit rates between 128 and 320 kbps will be accepted).
- Maximum file size: 10 MB
- Maximum run time: Five (5 minutes)
- ID3 Metadata (tags): None - The Chief Music Coordinator strongly requests that mp3 files DO NOT contain any ID3 metadata, commonly called tags. This is especially true of any embedded images such as album cover art, picture of the skater, etc. Please, NO EMBEDDED IMAGES!
- Maximum leader: The Chief Music Coordinator requests that there be NO leader. The leader is the silence between the start of the track and the actual start of the program music.
- Maximum trailer: The Chief Music Coordinator requests that there be NO trailer. The trailer is the silence between the end of the program music and the end of the actual track.

Backup Music at Event (CDs)

In addition to submitting the music online, **all competitors/teams must also have at least one (1) backup copy of their competition music on CD, AT RINKSIDE, during the actual competition event segment or official practice.** CDs must meet the following requirements:

Entry Deadline March 18, 2018

- In standard Audio CD format (Compact Disc Digital Audio). Other formats, including mp3 are NOT acceptable.
- Clearly marked with a permanent marker (e.g. Sharpie, do NOT use a label or tape) as follows: First Name, Last Name, (Club – Optional but requested), Event, Event Segment and Music Length (e.g. Jane Smith, Acme FSC, Novice Ladies, Free Skate, 3:10 or Synchro Team, Widget FSC, Preliminary, Free Skate, 1:59)
- Each CD may have only ONE (1) music track on it. In the case where a skater competes in both a short program/dance and a free skate/free dance, two (2) separate discs must be available. Any disc with more than one (1) track is NOT acceptable.
- Lead in time (time before the music begins) on CDs may not exceed two (2) seconds.
- Due to the compatibility and reliability reasons, music may NOT be submitted on re-recordable "CD-RW" discs. **PLEASE, no CD-RWs!!**

The Local Organizing Committee ("LOC"), competition officials, and volunteers exercise reasonable care when handling CDs. However, they are not responsible for damage to or loss of any CDs. The LOC is not responsible for CDs not picked up by the end of the competition. Those CDs will be destroyed.

Interruption in Music – U.S. Figure Skating Rule 1403

If, after the competitor/team's name has been called to compete, there is an issue with the downloaded music or CD provided at the event, the competitor will have up to 3 minutes to rectify the situation with a backup copy of the music on CD. After 3 minutes, the competitor/team will be considered withdrawn.

Administrative Fee for Incorrect Music or Failure to Upload Music

The LOC may assess each competitor/team an **additional charge, up to \$35.00 per event segment**, to manually handle a team's music, if the competitor/team: 1) fails to submit their music prior to the close of online music submission, 2) submits files that do not follow the specifications above, or 3) uploads the incorrect music for a given event segment (e.g. uploads short program music instead of the free skate). In the event the LOC decides to assess an administrative fee, the competitor/teams will not receive their credentials at registration until they pay the fee and turn in their music on CD, conforming to the requirements above.

JUDGING SYSTEM: All events will be judged using the 6.0 Majority Judging System.

REGISTRATION: See the event site located at www.skatedallas.org for registration begin and end day and time. Registration will be open from one to two hours before the first event and run through the last event of the day. The registration table will be located at the skate counter at the arena. Please register promptly upon arrival and remember to bring your official back up music CD(s).

PRACTICE ICE: Practice ice may be pre-purchased during registration online at the discounted price of \$15 for each 20 (twenty) minute session. Pre-paid practice ice is non-refundable and may not be sold to other skaters. Practice ice can only be purchased through EntryEeze until the desk opens at the event. After the schedule is released online sessions will be sold for \$18 each session. Once the desk opens at the event, all remaining practice ice sessions will be sold only in person at the practice ice desk for \$20 each session.

Premium event day warmup ice (middle of the day) may be purchased at the practice ice desk, in person, for \$20 for each 15 minute session and may be offered online after schedule is completed if space allows.

Entry Deadline March 18, 2018

SUMMARY

\$15 Pre-purchased 20-minute practice session (before schedule)

\$18 20-minute practice session online (after schedule release)

\$20 at the competition desk

This event is a standard U.S. Figure Skating Nonqualifying Competition

The ability to play music on other practice sessions will be on a first come-first serve basis as time allows. **Music can be turned in no earlier than 15min prior to practice session.**

PHOTOGRAPHY/VIDEOGRAPHY: Awards and action photos by Kevin Devine, and event videos by EVC (Event Video Company). The competition committee reserves the right to restrict personal videotaping to your skater only. Personal cameras will be permitted in the bleachers only and may not be plugged into arena outlets. Videotaping for personal profit is not allowed.

AWARDS: All divisions will be divided by age into groups no larger than six skaters. Medals will be presented for first, second, third, and fourth finishes. Ribbon awards will be presented to fifth and sixth place finishes. All events will be final rounds.

All awards will be presented off-ice at the photographer's stand following each event.

OFFICIAL NOTICES: An official bulletin board will be maintained at the arena. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For LEARN TO SKATE ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating LEARN TO SKATE Program must have successfully passed the annual background screen and be registered as a LEARN TO SKATE instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all

Entry Deadline March 18, 2018

coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:
<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

CONTACT INFORMATION:

Chief Referee
Nancy Iida
nancy.iida@iecc.org

Competition Chair
Rose Varner
dallasfsccompetitionchair@gmail.com

Event Registrar
Holly Abshire and Megan Toohey
RVorMT@gmail.com

Practice Ice
Chellie Bowden
practiceice@dallasfsc.org

Program
Richard Glenn
richardg@plano.gov

SCHEDULE: Every attempt will be made to schedule official practice ice beginning Sunday, April 29, 2018, with competition events to follow also on Sunday, April 29, 2018.

GARMENTS AND SOUVENIRS: Official 2018 Skate Dallas Souvenirs will be available at the competition.

PROGRAM ADVERTISEMENTS: Treat your favorite skater or coach to a special recognition by putting an advertisement in the program. Complete the Program Advertisement found on the

Entry Deadline March 18, 2018

event site located at www.skatedallas.org. Payment is to be made through EntryEeze.

TRANSPORTATION: There are a couple of options for flying into the Dallas area. The most convenient is DFW Airport which is approximately 25 miles from the Dr Pepper StarCenter - Plano. Another nearby airport is Love Field in Dallas which is approximately 20 miles from the arena.

HOTEL ACCOMMODATIONS:

Please use the link below to register for your hotel accommodations, located near the rink.

<https://mmxreservations.com/fer/plano?pageCode=Skate2018>



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SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, maximum 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, maximum 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left



PRE-FREE SKATE – FREE SKATE 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop jump • Half flip jump
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:40 max	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half Loop jump • Flip jump
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz-loop jump combination • Lutz jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Beginning Axel jump



SNOWPLOW SAM – BASIC 6 ELEMENTS

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:00 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, maximum 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, maximum 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left



PRE-FREE SKATE – FREE SKATE 6 COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	<ul style="list-style-type: none"> • Forward inside open Mohawk from a standstill position (R to L and L to R) • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Backward outside three-turns, right and left • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop • Half flip jump
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Backward inside three-turns, right and left • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Waltz three-turns, clockwise and counterclockwise • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half loop jump • Flip jump
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz jump-loop jump combination • Lutz jump
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> • Forward power pulls, right and left • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Beginning Axel jump

Entry Deadline March 18, 2018

EVENT: Basic Skills Showcase Events

Format: Showcase groups will be divided by number of entries and ages if possible. Vocal music is permitted and 6.0 judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

General event parameters:

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judges' mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical and artistic qualities. Technical skating skills and difficulty will not be rewarded; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Showcase Events and Levels

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-8 curriculum	May not have passed any higher than Basic 8 level.	Time 1:00 Max
Pre-Free skate thru FS 1-6	3 jump maximum, ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:40 Max

EVENT: Beginner Synchronized Skating

The emphasis of the Beginner competition is on mastering the “basic skills” of synchronized skating. Restrictions in Beg. Please reference <http://www.usfisa.org/Programs.asp?id=338> for more information.

Restrictions in Beginner 1 & 2

- Additional elements are not allowed (the team must do only their required elements).
- Teams may only use hand-to-hand, shoulder-to-shoulder and choo-choo holds.
- Wheels and circles may not travel, change rotational direction or change configuration.
- Beginner 1 teams may not do steps higher than Basic 5, with the exception of forward chasses.
- Beginner 2 teams may not do steps higher than Free Skate 1, with the exception of forward chasses.

Restrictions in Beginner 3

- No traveling within elements (change of configuration and rotational directions are allowed).

Restrictions for all levels

- All of the synchronized skating “illegal elements” found in Rule #7160 of the U.S. Figure Skating Rulebook

LEVEL	CIRCLE	LINE	BLOCK	WHEEL	INTERSECTION
SYNCHRO SKILLS 1 8-16 skaters, majority under 9 years' old Max 2 minutes 10 seconds	One circle, which must contain a two-foot turn (stroking from backward to forward is permitted). Must contain a forward inside and/or forward outside edge glide. Stroking from backward to forward is permitted.	One line, which must cover half ice to full ice and must have only forward skating.	One block, which must cover half ice to full ice, and must have only 1 configuration.	One wheel, choice of 4-spoke or 3 spoke with backward pumps.	One intersection: Two lines facing each other, 2-foot glide at point of intersection.
SYNCHRO SKILLS 2 8-16 skaters, majority Under 12 years' old Max 2 minutes 10 seconds	One circle, which must contain a forward 3-turn and must contain a backward inside and/or backward outside edge glide.	One line, which must cover full ice and may include forward and backward skating.	One block, which must cover the ice and must have 1 or 2 configurations.	One wheel of the team's choice with backward pumps and chasses.	One intersection: Two lines facing each other, 2-foot or 1-foot glide at point of intersection.
SYNCHRO SKILLS 3 8-16 skaters, majority at least 12 years' old Max 2 minutes 40 seconds Minimum of two different hand holds	Circle element, which must contain a mohawk and must contain a backward inside and/or backward outside edge glide.	Line element, which includes a change of configuration (1 line to 2 lines or 2 lines to 1 line), and must cover full ice and must include forward and backward skating.	One block, which must cover the ice and must have 2 different configurations.	Wheel element of the team's choice with backward pumps, chasses, or crossovers.	One intersection: Two lines facing each other, 1-foot glide or forward lunge at point of intersection.

SPECIAL OLYMPIAN COMPETITION EVENTS

SPECIAL OLYMPIAN FREESKATE

LEVEL	REQUIREMENTS	TIME
Level 1	Program as per Special Olympic level one requirements.	1 min
Level 2	Program as per Special Olympic level two requirements.	1½ min
Level 3	Program as per Special Olympic level three requirements.	2 min
Level 4	Program as per Special Olympic level four requirements.	2 min
Level 5	Program as per Special Olympic level five requirements.	2½ min
Level 6	Program as per Special Olympic level six requirements.	2 ½ min

SPECIAL OLYMPIAN COMPULSORY MOVES

Compulsory events will be conducted in accordance to the rules specified in the Special Olympics Winter Sports Rules.

LEVEL	REQUIRED ELEMENTS
Level 1	1) Forward swizzles for a distance of 10 meters; 2) Backward swizzles for a distance of 10 meters. 3) One-foot snowplow stop.
Level 2	1) Forward stroking; 2) Forward to backward turn; 3) Backward stroking; 4) Backward to forward turn; 5) Forward stroking; 6) T-Stop; 7) Forward crossovers around the hockey circles in figure eight pattern clockwise and counter
Level 3	1) Forward outside edges and forward inside edges; 2) Forward outside three-turn on the right foot and forward outside three-turn on the left foot; 3) right forward inside edge to left backward inside edge open Mohawk and left forward inside edge to right backward inside open Mohawk.
Level 4	1) Back outside edges and Backward inside edges; 2) Forward crossovers, inside Mohawk, backward crossover, step forward on inside edge to the inside of the circle, repeated two times, performed left and right; 3) Waltz three step
Level 5	1) LBO 3-LF1 Mohawk (repeat); 2) RBO 3-RF1 Mohawk (repeat); 3) RFOI change edge - LFI 3; 4) RFIO change edge - LFO 3; 5) LFOI change edge - RFI 3; 6) LFIO change edge - RFO 3
Level 6	1) Forward cross-strokes (entire length of rink) and backward cross-strokes entire length of rink; 2) Brackets RFO-LBI bracket, stop, LFO-RBI brackets RFI-LBO bracket, stop, LRI-RBO bracket.

SPECIAL OLYMPIAN ARTISTIC

All Artistic events are performed with music (vocal music allowed) on full ice surface. Costumes may be of any type as long as they fit the music and are not a safety hazard. Props, if used, must be hand held at all times. Judging will be based on entertainment value as well as on originality, creativity, musical interpretation and artistic expression. No props allowed during warm-up.

LEVEL	REQUIREMENTS	TIME
Level 1	Program as per Special Olympic level one requirements.	1 min
Level 2	Program as per Special Olympic level two requirements.	1 min
Level 3	Program as per Special Olympic level three requirements.	1 min
Level 4	Program as per Special Olympic level four requirements.	1½ min
Level 5	Program as per Special Olympic level five requirements.	1½ min
Level 6	Program as per Special Olympic level six requirements.	1½ min

Entry Deadline March 18, 2018

SPECIAL OLYMPIAN PAIR FREE SKATING

All pair skate events are performed on full ice surface. Vocal music is not allowed. Teams shall consist of two Special Olympic Athletes, 1 male and 1 female, 2 males or 2 females.

LEVEL	REQUIREMENTS	TIME
Level 1	Program as per Special Olympic level one requirements.	1 min
Level 2	Program as per Special Olympic level two requirements.	2 min

SPECIAL OLYMPIAN ICE DANCING – SOLO COMPULSORY DANCE

All solo ice dances events are performed on full ice surface. Ice dances will be skated solo.

LEVEL	REQUIREMENTS
Level 1	Canasta Tango - 2 patterns or one time around the ice surface.
Level 2	Cha Cha - 2 patterns or one time around the ice surface.
Level 3	Hickory Hoedown - 2 patterns or one time around the ice surface.
Level 4	Fourteen Step - 2 patterns or one time around the ice surface.

SPECIAL OLYMPICS BADGE PROGRAM

The Special Olympics Sports Skills program is designed for Special Olympics athletes starting to learn figure skating. The Special Olympics Figure Skating Badge Program allows athletes to learn skills in a progressive order and earn badges at each level. Athletes who complete the Special Olympics Badge Program will be prepared to move into the existing badge program at local rinks. Skaters will have two opportunities to perform each skill, and may perform it once or twice. The better of the two attempts will be judged.

<p>Badge 1</p> <ol style="list-style-type: none"> Stand unassisted for 5 seconds Fall and stand up unassisted Knee dip standing still unassisted March forward 10 steps assisted 	<p>Badge 7</p> <ol style="list-style-type: none"> Backward stroking across the rink Gliding backward to forward 2-foot turn T-stop left or right Forward 2-foot turn on a circle: L & R
<p>Badge 2</p> <ol style="list-style-type: none"> March forward 10 steps unassisted Swizzles, standing still: 3 repetitions Backward wiggle or march assisted 2-foot glide forward for distance of at least length of body 	<p>Badge 8</p> <ol style="list-style-type: none"> 5 consecutive forward crossovers: L & R Forward outside edge: L & R 5 consecutive backward ½ swizzles on a circle: L & R 2-footspin
<p>Badge 3</p> <ol style="list-style-type: none"> Backward wiggle or march 5 forward swizzles covering at least 10 feet Forward skating across the rink Forward gliding dip covering at least length of body: L & R 	<p>Badge 9</p> <ol style="list-style-type: none"> Forward outside 3-turn: L & R Forward inside edge: L & R Forward lunge or shoot the duck at any depth Bunny hop
<p>Badge 4</p> <ol style="list-style-type: none"> Backward 2-foot glide covering at least length of body 2-foot jump in place 1-foot snowplow stop: (L or R) Forward 1-foot glide covering at least length of body: L & R 	<p>Badge 10</p> <ol style="list-style-type: none"> Forward inside 3-turn: L & R 5-consecutive backward crossovers: L & R Hockey stop Forward spiral 3 times length of body
<p>Badge 5</p> <ol style="list-style-type: none"> Forward stroking across the rink 5 backward swizzles covering at least 10 feet Forward 2-foot curves left and right across rink 2-foot turn front to back, on the spot 	<p>Badge 11</p> <ol style="list-style-type: none"> Consecutive forward outside edges: minimum 2 on each foot Consecutive forward inside edges: minimum 2 on each foot Forward inside Mohawk: L & R Consecutive backward outside edges: minimum 2 on each foot Consecutive backward inside edges: minimum 2 on each foot
<p>Badge 6</p> <ol style="list-style-type: none"> Gliding forward to backward 2-foot turn 5 consecutive forward 1-foot swizzles on circle: L & R Backward 1-foot glide length of body: L & R Forward pivot 	<p>Badge 12</p> <ol style="list-style-type: none"> Waltz jump 1-foot spin: minimum of 3 revolutions Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise Combination of three moves chosen from badges 9-12

Entry Deadline March 18, 2018

2017 SKATE DALLAS PROGRAM ADVERTISING CONTRACT

We invite you to submit an ad to be printed in our program. Ads may be submitted to recognize or send a special message to your skater or to promote your business. The **deadline for submission of ad with artwork and check is March 18, 2017. All photos or artwork must be sized and ready for production (300 dpi or above in .pdf file format) and must be e-mailed to richardg@plano.gov.**

All ads will be printed in black and white. *Please do not mail photographs, they must be submitted by e-mail and in the correct format with SKATER'S name, skating level and ad size on subject line.* Photos can be submitted in .jpeg format. If you have any questions, please e-mail Richard Glenn at richardg@plano.gov.

Advertising rates are based on camera-ready copy, which is black on white, the exact size and shape of the ad. Advertiser agrees to pay the cost of any additional type set, or other reproductions charges if camera-ready copy is not provided. All photographs must be black and white glossy prints (no negatives). Advertising agency commission must be paid by the advertiser.

Submit and pay by secured credit card through EntryEeze

PLEASE PRINT CLEARLY:

Name _____ Email _____

Address _____

City _____ State _____ Zip _____ Phone _____

Ad Size _____ Amt Enclosed _____

RATES AND SPECIFICATIONS (choose from designs below)

Pre-Designed Personal Ad	\$20	Inside Back Cover	\$175
Quarter Page	\$40	Inside Front Cover	\$175
Half Page	\$80	Outside Back Cover	\$200
Full Page	\$150		

Please submit one form per ad ordered (additional copies may be printed of this form). Indicate the number of the ads you wish to use if you choose pre-designed personal Ad, print "To" and "From" names.

Advertisement # _____ "Skater's Name" _____

"From" Name(s) _____

Ad #1 (Personal Message. Sample: "Thank you to my coach – coach's name") Please print, 10 word limit



This ad is a
2.25 x 1.75" add.
Small

This ad is 3.375 x 2.625" add.
Large
Wide

This ad is 3.375 x 2.625" add.
Large
Tall